## **REQUIRED EQUIPMENT LIST FOR THE WEEK**

- **1. US Coast guard approved lifejacket with whistle**
- 2. Rain jacket (optional)
- 3. Sunglasses with strap (recommended) (strap recommended for regular eyeglasses)
- 4. Sunscreen/spray
- 5. Water bottle
- 6. Lunch packed in cooler bag
- 7. Closed toe sailing or water shoe/<u>Fit kicks shoes</u> <u>suggested – Amazon</u>
- 8. Bathing suit/towel/long sleeve shirts(SP50) suggested/we suggest one piece swimsuit for girls
- 9. Extra changes of clothes (shorts/T-shirt) two sets
- 10. Note pad and pencil
- 11. Sunhat/cap with visor (optional)

All items should be *labeled with sailor's* name and kept neatly in a duffel bag, tote bag etc. Storage bins are available.

A lost and found box will be located in the junior room. NCYC is not responsible for lost items.